Where did DO-RE-MI come from?

The Hymn of the Office (Liturgy of the Hours) for St. John the Baptist.
The Benedictine monk Guido of Arezzo (11th century) noted that each phrase of the hymn begins on a successively higher note.
He used the syllables as a teaching aid for the notes of the scale: UT – RE – MI… etc.
Later, UT was changed to DO in some languages (including English.)

Ut queant laxis, resonare fibris,
So that with loosened cords (i.e. voices) [your servants] may resound
Mira gestorum, famuli tuorum,
the wonders of your deeds your servants,
Solve polluti, labii reatum,
cleanse the guilt from our stained lips,
Sancte Ioannes.

O Saint John.